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FIND FULFILLMENT, EVEN IN THE MIDST OF STRUGGLES
Women Everywhere Want Their Lives to Have Meaning; Author Reveals How

Author Stacy Hawkins Adams knows how women feel about wanting to do something with their lives and find fulfillment and greater purpose. Along with many of her fellow thirtysomething friends, Adams saw how a life crammed full of long to-do lists could still lack meaning. When her mother passed away, she couldn't escape the question anymore: "What do I want to accomplish with my life?"

She took this quandary and, from it, wrote *The Someday List*, the debut novel of her new fiction series, Jubilant Soul. This book traces the story of Rachelle Covington who suddenly realizes that her life—despite its picture-perfect appearance from the outside—is not all she dreamed it would be. While she's been busy attaining the American dream, she's let many other priorities fall by the wayside, and a dying friend's last request sparks Rachelle's search to finally find the fulfillment that's been missing from her life.

The Someday List is an honest and inspiring look at some of life's hardships—death, dissolving marriage, loss of identity and an abandoned faith—and how one woman is able to pick up the pieces and triumph through them. (ISBN: 9780800732660, \$12.99, January)

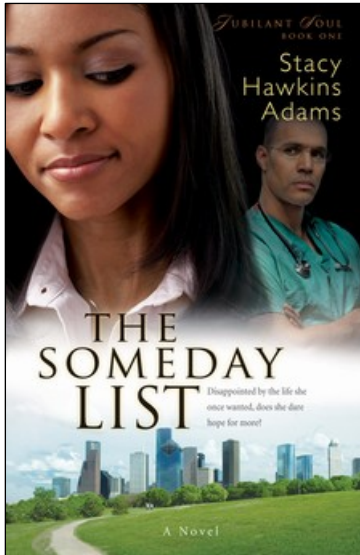


Through Rachelle's story, Adams is able to speak to every woman's struggle and offer them a renewed hope. *The Someday List* would be a great recommendation for any book-review section, gift guide or round-up of ways to be encouraged and find hope during life's rough spots.

Additionally, Stacy Hawkins Adams is available for interview and can speak more specifically about this idea of redefining your life for greater purpose. Some potential story angles include:

- As the New Year approaches, now is a great time to start your own "Someday List" of dreams to achieve "someday"—or even today! Adams started her own list years ago, and getting published was one of the items that she's been able to check off from it. From experience, she can speak about why women should take the time to create their own list of dreams, what it's meant for her, and ideas for brainstorming these lists.
- The struggles in *The Someday List* are all too common realities for most women. Adams has had to overcome her own fair share, and can share that hope and perspective of another everyday woman (who could easily be your best friend!) to readers.
- Adams has a strong foundation of faith that guides and influences her actions—her writing, included. She can share how she incorporates her faith into her life's work, why that's important to her, and insights she has gained through that.

MORE ABOUT *THE SOMEDAY LIST* BY STACY HAWKINS ADAMS



Rachelle Covington has it all. A fabulous home, a handsome and prestigious husband, two beautiful children, and a place in the upper crust that's quite comfortable. But her life is not all it's cracked up to be.

When her husband goes away on business trip and the kids are sent off to the grandparents for a month, Rachelle visits a dying friend who leaves her with an unsettling challenge: Start a list of things to do before she dies.

This gets Rachelle thinking as she heads back to Jubilant, Texas, in an effort to reconnect with her past, her purpose, and herself. But when her ex shows up looking very fine and very single, Rachelle must confront feelings she thought she'd long buried. Will she give up everything to recover the past? Or will she find a reason to plan for the future?

The Someday List is an honest look at what makes us who we are and what can throw us off track. The book includes discussion questions, making it a great candidate for book clubs or discussion groups. (ISBN: 9780800732660, \$12.99, January 2009)

Stacy Hawkins Adams is a freelance journalist, inspirational speaker and Essence bestselling novelist. She is the author of *Speak To My Heart*, *Nothing but the Right Thing*, and *Watercolored Pearls*. She served as a daily newspaper reporter and inspirational columnist for more than a decade before shifting her focus primarily to writing books.



Her articles have been published in The Richmond Times-Dispatch, USA Today, AARP's Bulletin, Gospel Today, Heart & Soul magazine and Crosswalk.com, among other publications. She and her husband have two young children and live near Richmond, Virginia. For more information, visit www.stacyhawkinsadams.com.

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